

# Horizon Hospice & Palliative Care

2006 Annual Report



*Providing a Circle of Care since 1978*

## Message from the Chairman and the President

### Dear Friends:

On the threshold of our 30th year, we find ourselves in the midst of exceptional growth at Horizon. The organization has continued its expansion while remaining committed to delivering the best care to every patient—regardless of their background or financial situation.

In 2006, Horizon cared for 935 patients and their families—a 10% increase from the previous year. Most notable has been the growth of the adult and pediatric palliative care programs. Palliative care provides a bridge to comfort care for those who do not qualify for or who choose not to enroll in hospice. The number of patients the program cares for has more than tripled since 2004.

We believe that Horizon's growth is a result of the organization's commitment to provide care that goes beyond what is expected or required. With our reputation for going the extra mile, physicians and other medical professionals feel confident when they refer their patients to us. Charity care, professional education, bereavement support, volunteer services, community outreach, and complementary and alternative medicines all contribute to the quality of life of our patients and families. Because many of these services are not covered by Medicare, Medicaid, or insurance, your contributions are vital in keeping this comprehensive *Circle of Care* in place.

With a dedicated group of staff, volunteers, and an exemplary Board of Directors, the future looks bright for Horizon. We invite you to explore this year's report and to join us as we renew our commitment to providing the best care to all in need. Your partnership helps us continue growing and providing services to all of our patients and their families. On behalf of the entire Horizon Family, thank you for your support.

Sincerely,



David C. Hanold  
Chairman



Mary G. Runge BSN, MBA  
President

## Mission & Organizational Background

### Horizon's History

Led by founder Ada Addington, four dedicated volunteers established Horizon in 1978. Since then, the organization has touched the lives of thousands of patients and has guided numerous families and loved ones through the process of rebuilding. Horizon was founded on the principle that all in need should receive the best care possible, regardless of their background or financial situation. Horizon has been accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO) since 2000.

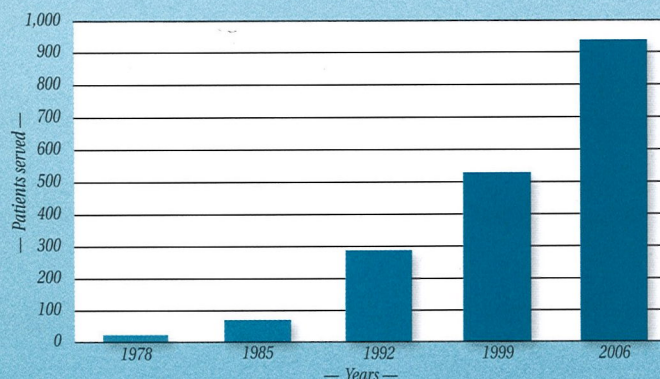
### Horizon's Commitment to the Community

Horizon has a long-standing reputation for providing high-quality hospice and palliative care to a culturally and socioeconomically diverse population throughout Metropolitan Chicago.

Approximately 25% of Horizon's patients are on Medicaid or are unable to pay for services. The organization is also recognized for its strong physician involvement, professional education programs, community collaboration, and expertise in complex cases.

### A History of Growth

Horizon's commitment to high-quality care is reflected in its steady growth since its founding. An especially strong fourth quarter in 2006 suggests that this trend will continue.



## Hospice Care

Adults and children with a life-limiting condition, who seek comfort and relief of pain and symptoms, rather than curative treatment, may be eligible for hospice services. To qualify for the Medicare/Medicaid hospice benefit, the patient's attending physician and the hospice medical director must certify the patient has a likely prognosis of six months or less.

*Last year, Horizon's interdisciplinary teams provided nearly 34,000 days of hospice care to 738 patients.*

## Palliative Care

In 2004, Horizon broadened its program to include pediatric and adult palliative care. Palliative care enables Horizon to deliver care to those who may wish to continue curative treatments such as chemotherapy or radiation or whose life expectancy is greater than six months. Since its inception, the program has grown exponentially.

*Horizon's interdisciplinary teams provided nearly 5,000 palliative care visits to 197 patients in 2006.*

Horizon benefits the community by providing services that may not be covered by Medicare, Medicaid, or private insurance.

## Enriching Lives

Our *Bereavement Program* supported 633 grieving families by providing 227 individual counseling sessions and 39 group sessions.

Horizon exceeded Medicare guidelines by providing patients and families with 3423 hours of *volunteer companionship and support*.

The *Complementary and Alternative Medicines* program improved patient comfort by offering 488 sessions of services such as acupuncture, massage, and art or music therapy.



## Improving Access

Horizon's *All About Kids* program helped 30 children access palliative care, providing more than 1700 interdisciplinary visits that addressed the physical, emotional, and spiritual needs of the child and family.

*Charity care* ensured the comfort and dignity of 152 Horizon patients without insurance and hundreds of others with limited financial resources.

## Building Relationships

The *Community Outreach Program* engaged traditionally underserved areas, presenting educational seminars to 2796 individuals.

*Professional Education* programs demonstrated Horizon's ongoing commitment to the future of end-of-life care by training more than 100 medical, nursing, bereavement, and social work students.

*Horizon has been a leader* in organizing coalitions that benefit the community. The organization established the *Someone to Trust* advance care planning initiative, which focuses on ensuring that the healthcare goals of patients are honored.

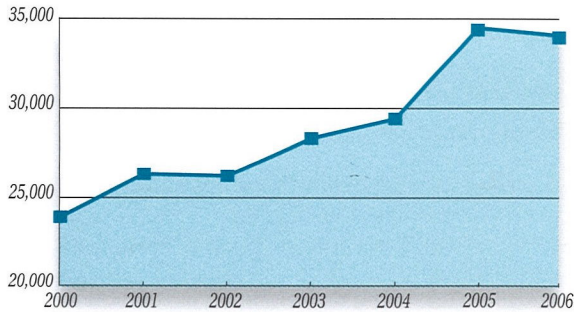
Horizon also took the lead in forming the *Northern Illinois Pediatric Palliative Care Coalition*, a program that aims to increase access to supportive services for children with a potentially life-limiting illness.



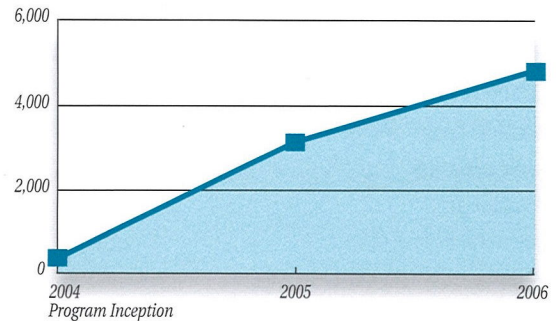
## Financial Charts

### GROWTH

#### Adult and Pediatric Hospice Patient Days

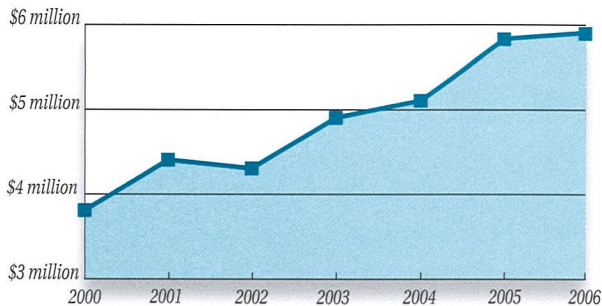


#### Adult and Pediatric Palliative Care Visits

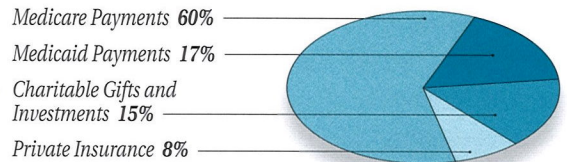


### FINANCIALS

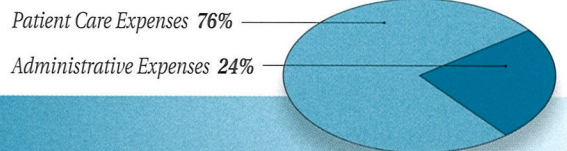
#### Total Annual Revenue



#### Revenue Sources

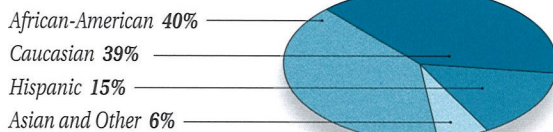


#### Organizational Expenses

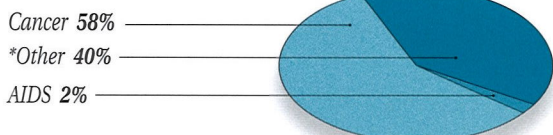


### PATIENT DEMOGRAPHICS

#### Ethnicity



#### Diagnosis



\* Includes end-stage lung, cardiac, kidney and liver disease, Alzheimer's and ALS.

#### Gender / Age

